



2026-2027 Schedule of Classes

*Competitive Company Dances - Mini: 6-9, Youth: 10-12, Junior: 13-15

Senior: 16 & up (age of dancer: Dec 31 2026)

*All Dancers must be invited into Company Dances

Schedule Begins: August 9, 2026

26-27 Season runs August - May

Monday:

Studio A:

5:15 - 6:00 - *Junior Select Team Jazz

6:00 - 7:00 - Technique III (age 13 & up)

7:00 - 8:00 - Technique II (age 13 & up)

8:00 - 8:45 - *Senior Select Team Contemporary

Studio B:

5:00 - 6:00 - Technique (age 9-12)

6:00 - 7:00 - Ballet/Conditioning - Group A (age 10+)

6:00 - 7:00 - Ballet/Conditioning - Group B (age 13+)

8:00 - 8:45 - Acro for Dancers

Tuesday:

Studio A:

5:00 - 5:45 - Pre-Ballet/Creative Movement (age 2.5 - 5)

6:00 - 6:45 - *Junior Elite Team Lyrical

6:45 - 7:30 - *Junior Team Contemporary

7:30 - 8:15 - *Jr/Sr Team Open

Studio B:

5:45 - 6:45 - Mini Technique - Ballet/jazz/acro (age 5-8)

6:45 - 7:30 - Stretch/Flexibility

7:30 - 8:15 - Turns - Drills and Progressions

8:15 - 9:00 - Leaps - Turns and Progressions

Wednesday:

Studio A:

6:00 - 6:45 - *Junior/Senior Team Novelty

6:45 - 7:30 - *Junior/Senior Elite Team Pom

7:30 - 8:15 - *Senior Elite Team Lyrical

8:15 - 9:00 - *Senior Elite Team Jazz

Studio B:

5:30 - 6:15 - Jazz/Hip Hop (age 8-11)

6:15 - 7:00 - Dance Team Prep & Enrichment

7:00 - 8:00 - Technique I (age 13 & up)

8:00 - 8:45 - Jazz/Hip Hop - Age (12 +)

Thursday:

Studio A:

5:00 - 5:45 - *Mini Team Jazz

5:45 - 6:30 - *Youth Team Jazz

6:30 - 7:15 - Lyrical/Contemporary (age 12+)

7:15 - 8:00 - *Youth Team Novelty

Studio B:

5:45 - 6:30 - *Mini Team Novelty

6:30 - 7:15 - *Youth Team Pom

7:15 - 8:00 - Hip Hop Tech and Tricks

8:00 - 8:45 - *Hip Hop Crew (age 10+)

Friday:

Studio A:

6:00 - 7:00 - Solo/Duet Class

* Starts November

Sunday:

Studio A:

2:00 - 3:00 - Adv Tumbling - (age 13+)

3:00 - 4:00 - Tumbling - (age 8-12)

4:00 - 5:00 - Beg/Int Tumbling - (age 13+)

13+ Technique Breakdown:

Technique 1 focuses on building fundamental skills of placement and footwork as well as leaps and turns, while Technique 2 requires a higher level of proficiency and mastery of specific dance techniques including but not limited to multiple pirouettes, a la second turns, and leaps that involve switching of the legs. Technique 3 is for advanced dancers that have mastered and are continually working on changing spots on turns, multiple rotations and combinations in turn combos, switching leaps and combining multiple leaps and turns in succession.